Teaching English Communication: A Complete College ESL Handbook

Student Companion Manual

Formation générale | Level II

Weeks 1 to 15: A Week-by-Week Study Companion

Fall 2026

Core Competency

“To communicate with some ease in English.”

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How to Use This Companion Manual

This manual is your week-by-week guide to 604-101-MQ, English Language and Culture I. It follows the same fifteen-week structure as your course outline and your teacher's lesson plan, so what you study here always matches what happens in class that week.

Each week gives you the learning goals for that week, the main grammar point explained in plain language, a short table of common mistakes to avoid, practice exercises you can complete on your own or with a classmate, and one or two short videos to watch for extra support. Weeks that include a graded evaluation also tell you exactly what that evaluation is worth.

Three appendices at the end of the manual bring everything together: an answer key for every practice exercise, a one-page grammar quick-reference for the whole semester, a video resource index, and a full evaluation calendar.

A Few Tips for Getting the Most Out of This Course

- Review each week's grammar point before class, even briefly. You will follow the lesson more easily.
- Keep a small notebook or document of your own common mistakes and check it before you write or speak.
- Watch the linked videos more than once if a grammar point does not feel natural yet.
- Use the practice exercises as a self-test, not only as homework. Cover the answer key, try the item, then check yourself.
- Ask for help early. A quick question in Week 3 is easier to fix than the same gap showing up in your final evaluation.